

Jason Hindman, Ph.D. ABPP

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940-300-3340

EDUCATION

University of North Texas
Denton, Texas.
Ph.D. in Counseling Psychology
Graduation: August 2010

University of North Texas
Denton, Texas.
MA in Psychology
Graduated: May 2009

Abilene Christian University Abilene, Texas.
Bachelor of Business Administration
Marketing.
Graduated: May 2002

CREDENTIALS

Licensed Psychologist in Texas
License #35187

American Board of Professional Psychology
Specialty Board Certification in Counseling
Psychology
January 2015- Current

LEADERSHIP & SERVICE

Association of Counseling Center Training
Agencies (ACCTA)

- Board Member
- 2020-2023

American Academy of Counseling
Psychology

- Board Member, Secretary
- 2017-2018.

Created the *Texas Supervision Symposium*,
an annual space for education, networking,
and support related to the supervision of
trainees within a university counseling center
context.

- Founder
- Planning Committee Co-Chair
2018-2024.

American Psychological Association Site
Visitor: Audit APA accredited psychology
training programs to ensure compliance with
the APA Commission on accreditation's
profession wide competencies and other
conditions of ongoing accreditation.

- 2018—Current
- Sites visited include the internships
at the Yale University School of
Medicine, American University,
University of San Francisco, the
University of Notre Dame, the
Charleston Psych Consortium
Internship, and more.

PROFESSIONAL EXPERIENCE

Texas A&M University Telehealth Institute, College Station, Texas
Interim Education Core Director, Training Director
August 2023--Current

The Texas A&M Health Telehealth Institute supports telehealth research, education and clinical services at Texas A&M University and to Texas communities across the state. Education Core Director responsibilities include coordinating initiatives that advance the use of innovative technologies in healthcare. As the Co-Training Director of the Texas Telehealth Internship Consortium, a doctoral internship focused on providing advanced psychology training related to digital health and trauma, tasks include accreditation, clinical supervision, and program administration.

Texas A&M University Health Services, College Station, Texas
Assistant Director, Training Director
December 2017--August 2023

Administratively managed a large, APA accredited doctoral internship and provided oversight to entire UHS training program. Responsibilities included leading the Training Committee as well as intern recruitment/selection, orientation, performance evaluation, and coordinating training and supervision activities. This role also focused on maintaining APA accreditation. The training program successfully navigated the self-study and site visit in 2018-2019 and was awarded the maximum years of additional accreditation (10years). Administrative responsibilities also included leading/managing a team of clinicians and providing consultation to staff.

Texas A&M University Health Services, College Station, Texas
Staff Psychologist, Practicum Coordinator
August 2010--December 2017

Clinical intervention activities included individual, couple, and group therapy as well as vocational counseling with a culturally diverse student population. Tasks included intake evaluations, crisis coverage, clinical supervision, and outreach activities. Coordination responsibilities included the department's substance abuse and addiction services. Through the course of time, the practicum coordinator role was added which included administrative roles such as practicum student recruitment, onboarding, coordination of training activities, and performance evaluation.

Oakhouse Counseling, Dallas, Texas
Psychologist
June 2020--Current

Provide therapy services in video conference format at this community mental health clinic that serves a diverse population. Clinical intervention activities include individual, couple, and family therapy. Clients present with a broad spectrum of psychological concerns.

A&M Christian Counseling Center, Bryan, Texas
Psychologist
January 2011--July 2018

Provided psychotherapy services at this community mental health clinic that serves a diverse population in Central Texas. Clinical intervention activities included individual, couple, and family therapy as well as program development and consultation. In this setting, clients present with a broad spectrum of psychological concerns and often represent underserved populations.

RESEARCH EXPERIENCE

**Family Attachment Lab
University of North Texas
Graduate Research Assistant
2004-2009**

Directed by Dr. Shelley Riggs, the Family Attachment Lab examines influence of attachment constructs on family systems, with particular focus on the properties of specific family subsystems. While serving on this research team, a family process model was created to examine the interplay between parent-child attachment, sibling relationship quality, marital discord, parent psychopathology, and child outcomes. This model was ultimately published in *Couple and Family Psychology: Research and Practice* (2013).

**Families and Futures Lab
University of North Texas
Graduate Research Assistant,
Fall 2004-Spring 2005**

Directed by Dr. Vicki Campbell, the Families and Futures Lab examines the career and psychosocial development of adolescents and young adults with specific consideration of cultural differences in family influence on children. As a member of this research team, responsibilities included recruiting for data collection, literature review, and presentation of the Life Pathways Program to the study participants.

**Cognitive Neuroscience of Categorization
& Decision Making Lab
University of Texas
Undergraduate Research Assistant
Summer 2003-Fall 2003**

Directed by Dr. Todd Maddox, this lab conducts research in cognitive neuroscience, categorization, identification, decision-making, and attention. Researchers examine the complex interplay between low-level perceptual processes and high-level executive functioning in an effort to understand the neuro-biological bases of decision making. As a research assistant, responsibilities included testing subjects, reviewing journal articles, and participating as a subject in research trials. This opportunity provided valuable exposure to experimental methodology.

PROFESSIONAL EXPERIENCE, CONT.

**Texas A&M Student Counseling Service, College Station, Texas
Psychology Intern
August 2009--July 2010**

Completed this 2000 hour, APA Accredited doctoral internship in a college counseling center context. Clinical activities included individual, couple, and group therapy as well as academic and career counseling with a culturally diverse population. Facilitated an interpersonal process group, a semi-structured social skills group, and a structured academic development group. Other intern responsibilities included intake screenings, crisis coverage, outreach, and clinical supervision. Specialty rotations included anger mgmt, substance abuse, couple therapy, and biofeedback. Clinical work was combined with intensive supervision and didactic training activities.

**Texas Academy of Mathematics and Science
Denton, Texas
Practicum Therapist
August 2008--May 2009**

The Texas Academy of Mathematics and Science is a unique residential program for high achieving high school students. As a practicum counselor, responsibilities included providing both counseling and assessment services to an ethnically diverse and intellectually gifted population of adolescents. Other clinical tasks included outreach work, consulting with guardians, training resident assistants, multidisciplinary coordination of care, and crisis intervention. This position included weekly individual supervision from a licensed psychologist.

**University of North Texas Psychology Clinic
Denton, Texas
Practicum Therapist
August 2006--May 2008**

Provided therapy and assessment in a community mental health context. The diverse client population presented with a broad spectrum of psychological disorders. Responsibilities included providing individual, couple, and family therapy using both short and long-term approaches. Seven full battery psychological assessments were also completed. Training included weekly individual and group supervision with licensed psychologists. The focus was on developing clinical competencies including conceptualization skills, crisis intervention skills, and the ability to integrate research and practice.

**University of North Texas Counseling and Testing Center
Denton, Texas
Practicum Therapist
August 2006--May 2008**

Provided personal, academic, and vocational counseling as well as consultation, assessment, and outreach in a college counseling center. Clinical service was provided to a diverse student population in a short-term model. Responsibilities included clinical care, crisis coverage, and multidisciplinary coordination of care. Training included individual and group supervision from licensed psychologists and emphasized empirically supported treatments. Professional development activities also included writing formal case conceptualizations, writing self-reflective journals, and attending didactic seminars.

TEACHING EXPERIENCE

CPSY 664 Counseling Practicum II
Texas A&M University Counseling Psychology
Visiting Professor
Fall 2023

This advanced course focuses on the development of scientist-practitioner skills used in the delivery of clinical interventions in diverse mental health settings. Students are expected to cultivate knowledge of psychological theory and techniques and demonstrate minimum level of counseling competence. A particular emphasis is placed on ethics, multicultural competence, and case conceptualization.

QPR Gatekeeper Instructor
2009--Current

Certified to facilitate QPR seminars that teach individuals how to recognize mental health risk factors and to intervene appropriately. Facilitated QRP trainings to many diverse groups across many contexts.

Texas Governors School
Instructor
Summer 2009

Primary instructor for this interactive course designed to help gifted high school students define their future life goals. With a rigorous assessment component, students were challenged to explore their interests, personalities, values and abilities for the purpose of establishing their educational and occupational trajectories.

Psychology of the Offender
Teaching Assistant
Fall 2008

Provided administrative support to the primary instructor. This course surveyed the psychological processes related to the legal offender including dynamics involved in sexual deviancy, drug abuse, personal assault, and other crimes. Psychology theory and research related to legal counsel, court proceedings, and prison activity/release were also reviewed. Responsibilities included writing exams, scoring exams, grading papers, managing student grades, and providing review sessions.

Experimental Methods in Psychology Lab
Teaching Fellow
Fall 2007-Spring 2008

Instructor responsibilities consisted of teaching research design procedures to upper-level undergraduate students at the University of North Texas. Presented in a practical format, the class focused on providing hands-on experience using statistical software, creating formal manuscripts, and employing various experimental and data analysis methods.

Psychology of Marital Adjustment
Teaching Assistant
Spring 2008

Provided support to the primary instructor. This course offered a general overview of the psychology theory and research related to marriage and family dynamics as well as relevant therapy applications. Responsibilities included writing exams, scoring exams, managing student grades, and facilitating review sessions.

Psychology of Sexual Behavior
Teaching Assistant
Fall 2007

Provided support to the primary instructor. This course offered a general overview of the theory, research, applications, and controversies in all major areas of human sexuality. Responsibilities included writing exams, scoring exams, managing student grades, facilitating review sessions, and individual tutoring.

Psyc 1000: Psychology of Learning & Success
Teaching Fellow
Fall 2006-Spring 2007

Primary instructor for this University of North Texas course that examines psychological factors underlying learning and success in higher education, with an emphasis on introducing students to applicable models and theories. Topics covered included information processing and memory, self-regulation, motivation, multiple intelligences, learning styles, and critical thinking.

PROFESSIONAL PRESENTATIONS & PUBLICATIONS

- Hindman, J., Terrazas, A., Aguilar, P. (2025) Caught up in my head: Supporting trainees when anxiety undermines growth and connection. Presentation at the International Interdisciplinary Conference on Clinical Supervision. June 11-13th , Rutgers University, New Brunswick, NJ
- Hindman, J.M. (2022). *Staying balanced on the shifting sands: Holding the tension of middle management and all of the other stuff that comes along with being a training director*. Association of Counseling Center Training Agencies. Seattle, Washington.
- Hindman, J.M., Uruty, K., & Glover, J. (2021). *Shifting Gears: Adapting Training Programs in a New Era of Mental Health Care*. Association of Psychology Postdoctoral and Internship Centers (APPIC). Virtual.
- Hindman, J.M. & Uruty, K. (2019). *Keeping training programs in step with counseling center trends*. Association of Counseling Center Training Agencies. Alexandria, Virginia.
- Hindman, J.M. (2017). *Creative applications of a use-of-self model in clinical supervision*. International Interdisciplinary Conference of Clinical Supervision. Garden City, NY.
- Hindman, J.M., Riggs, S.A., & Hooks, J. (2013). Contributions of executive, parent-child, and sibling subsystems to children's psychological functioning. *Couple and Family Psychology: Research and Practice*, 2(4), 294-308.
- Hindman, J.H., Riggs, S.A., Clark, C., Sexton, S., Stephenson, L. (2011, August). Pathways to child dysfunction: A family process model. Annual Meeting of the American Psychological Association, Washington, D.C.
- Hindman, J.H., Riggs, S.A., Clark, C., Sexton, S., Stephenson, L. (2008, November). Attitudes toward therapy and adult attachment style. Annual Meeting of the Texas Psychological Association, Austin, TX.

RECOGNITION

- The Bethe Korfhage Training Award, Texas A&M Student Counseling Service, 2014-2015
For passion and commitment to training
- The Bethe Korfhage Training Award, Texas A&M Student Counseling Service, 2020-2021
For passion and commitment to training
- The Empowerment Training Award, Texas A&M Student Counseling Service, 2017-2018
For encouraging and inspiring trainees

PROFESSIONAL MEETINGS & CONFERENCES

International Interdisciplinary Conference of Clinical Supervision. New Brunswick, NJ. June 2025

Trauma Research Foundation, International Trauma Conference, Boston, MA., May 2025

Association of Behavioral and Cognitive Therapies, Annual Convention. Philadelphia, Pennsylvania. November 2024

Where You Belong, Texas Psychological Association Annual Convention. Fort Worth, Texas.
November 2024

Association of Counseling Center Training Agencies (ACCTA) Annual Conference. Kansas City, Missouri. September 2023

Texas Supervision Symposium. Baylor University, June 2023

Social Justice in College Counseling: Social Justice in College Counseling Conference 2023: Envisioning Applied Advocacy in College Counseling. Texas A&M University, May 2023

Association of Counseling Center Training Agencies (ACCTA) Annual Conference. Seattle, Washington. September 2022

Social Justice in College Counseling: Social Justice in College Counseling Conference 2022: Exploring Religion, Faith, and Spirituality in College Counseling. Texas A&M University, May 2022

Association of Psychology Postdoctoral and Internship Centers (APPIC) Membership Conference. San Diego, California. May 2022

American College Counseling Association (ACCA) Annual Conference, Las Vegas, NV. February 2022

Texas Supervision Symposium. Texas A&M University, June 2022.

Association of Counseling Center Training Agencies (ACCTA) Annual Conference. Virtual. September 2021

PROFESSIONAL MEETINGS & CONFERENCES, CONT.

Texas Supervision Symposium. Virtual, June 2021.

Social Justice in College Counseling: Social Justice in College Counseling Conference 2019: Supporting our BIPOC Students as they Navigate the Impact of Racism. Texas A&M University, May 2021

Association of Counseling Center Training Agencies (ACCTA) Annual Conference. Virtual. September 2020

Texas Supervision Symposium. Virtual, June 2020

Trauma Research Foundation, International Trauma Conference, Boston, MA., May 2019

Association of Counseling Center Training Agencies (ACCTA) Annual Conference. Alexandria, Virginia. September 2019

Texas Supervision Symposium. Baylor University, June 2019.

Social Justice in College Counseling: Social Justice in College Counseling Conference 2019: Providing Gender-Affirming Care to Transgender, Gender Non-Conforming, & Non-Binary Students. Texas A&M University, May 2019.

Association of Counseling Center Training Agencies (ACCTA) Annual Conference. Minneapolis, Minnesota. September 2018

Association of Psychology Postdoctoral and Internship Centers (APPIC) Membership Conference. San Antonio, Texas. May 2018

Texas Supervision Symposium. Baylor University, June 2018.

Social Justice in College Counseling: Power, Privilege, and Oppression. Texas A&M University, June 2018.

Association for Women in Psychology National Conference. Still I Rise: Resistance, Resilience, Resolve in Feminism. Philadelphia, PA. March 2018

International Interdisciplinary Conference of Clinical Supervision. Garden City, NY. June 2017

International Interdisciplinary Conference of Clinical Supervision. Garden City, NY. June 2016

College Counseling in a Multicultural World Conference. Women's Issues in College Counseling. Texas A&M University, June 2016.

International Interdisciplinary Conference of Clinical Supervision. Garden City, NY. June 2015

College Counseling in a Multicultural World Conference. Male College Students. Texas A&M University, June 2015.

National Conference on Addictive Disorders. St. Louis, Missouri. August 2014

College Counseling in a Multicultural World Conference. Counseling South Asian Students. Texas A&M University, June 2014.

Without Conscience: Psychopathy and its Implications for Criminal Justice and Mental Health. Austin, Texas May 2014

Gottman Method Couples Therapy Level 1: Bridging the Couple Chasm., The Gottman Institute San Antonio, Texas. December 2013

Annual Northwest Conference on Behavioral Health and Addictive Disorders. Seattle, Washington. May 2013

College Counseling in a Multicultural World Conference. Counseling Undocumented College/University Students: Developmental Issues, Theory, and Intervention. Texas A&M University, June 2013.

Cape Cod Symposium on Addictive Disorders. Cape Cod, Massachusetts. September 2012.

College Counseling in a Multicultural World Conference. Counseling Returning Student Veterans: Insight, Theory, and Interventions. Texas A&M University, June 2012.

PROFESSIONAL MEETINGS & CONFERENCES, CONT.

College Counseling in a Multicultural World Conference. Counseling Multiracial/Ethnic College Students: Insight, Theory, and Interventions. Texas A&M University, June 2011.

College Counseling in a Multicultural World Conference. College Students and Asperger's Syndrome: Developmental Contexts, Clinical Insights and Interventions, and Legal Issues and Ethical Concerns. Texas A&M University, June 2010

Biological Frontiers of Alcohol Addiction. Mayo Clinic, Rochester, Minnesota. May 2010.

Texas Counseling Center Psychology Intern Conference, Texas Woman's University, March 2010

The Wholeness of Mind, Brain, Body, and Human Relatedness: Expanding Affect Tolerance in the Therapeutic Relationship. University of California- Los Angeles, March 2010.

Understanding the Mission Oriented Campus Shooters – a Behavioral Perspective. Texas A&M University, January 2010.

Using Acceptance and Commitment Therapy: Treatment & Ethics With Your Most Challenging Clients. Texas Woman's University, February 2009.

Multicultural Counseling Competence: Putting Theory and Ethics into Practice. Texas Woman's University, February 2008.

Maturing as a Profession, Texas Psychological Association Annual Convention. Austin, Texas. November 2008

REFERENCES

Cecilia Sun, Ph.D.
Training Director
University of Houston
Counseling and Psychological Services
713-240-4781
csun@central.uh.edu

Carmen Cruz, Ph.D.
Former Training Director, Texas Women's University
Diversity/Social Justice Consultant/Activist
972-898-0713
drcruz63@gmail.com

Carly McCord, Ph.D.
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Texas A&M University
Health Science Center, Telehealth Institute
214-335-7559
cmccord@tamu.edu

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Clinical Director
Texas A&M University Health Services
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