

**Alize Spencer, MA., Psy.D. Candidate**

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## **EDUCATION**

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### **Doctor of Psychology (Psy.D.) in Clinical Psychology**

2021 - Present

*Fuller Theological Seminary, Pasadena, CA*

Expected: Summer 2026

### **Master of Arts in Clinical Psychology**

*Fuller Theological Seminary, Pasadena, CA*

Degree: Spring 2023

### **Bachelor of Arts in Psychology**

2017 – 2019

*California Baptist University, Riverside, CA*

Degree: May 2019

## **SUPERVISED DOCTORAL CLINICAL EXPERIENCE**

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### **Psychological Intern (Pre-Internship)**

2024 – Present

*Champion Counseling Center - Faithful Central Bible Church, Inglewood, CA*

- Engage in weekly individual and group supervision and didactic trainings
- Present case conceptualization in diversity didactics and group supervision
- Administer cognitive behavioral therapy, psychodynamic, and dialectical behavioral therapy interventions
- Complete intake reports and progress notes
- 25 hours of direct client therapy experience, 100+ expected spring 2025

### **Assessment Clerk**

2023 – 2024

*Consulting Collective Inc., Torrance, CA*

Supervisors: Krystel Edmunds-Biglow, Psy.D., Licensed Clinical Psychologist; Raven Barrow, Psy.D

- Conduct comprehensive assessments on children to evaluate for autism, ADHD, intellectual disability, and developmental delays.
- Administer standardized assessment tools such as WNV, ADI-R, ABAS, WAIS, and CAYC.

- Conducted structured observations and gathered information from parents, teachers, and other relevant individuals to obtain a holistic understanding of the child's behavior and development.
- Write detailed assessment reports outlining findings, diagnostic impressions, and recommendations for further evaluation or treatment.
- Communicate assessment results and recommendations effectively to parents and caregivers, providing support and guidance as needed.
- Maintain accurate and confidential records of assessment procedures, results, and communication with clients and other professionals.
- 73 hours of direct client assessment experience.

### **Practicum 1 Student**

2022 – 2023

*Fuller Psychological Family Services, Pasadena, CA*

- Engage in weekly individual and group supervision
- Present case conceptualization in Diversity didactics and group supervision
- Administer client-centered and cognitive behavioral therapy interventions
- Complete intake reports and progress notes
- Engage in weekly didactic training
- Participate in psychiatric consultations monthly
- Complete administrative tasks (i.e., billing)
- Conducted research projects, gathering data and information from various sources.
- 173 hours of direct client therapy experience.

## **PROFESSIONAL EXPERIENCE**

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### **Student Practicum Supervisor**

2024 – Present

*Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA*

- Provided 2 hours of live-team supervision weekly to three student trainees. Observed trainees delivering Client-Centered therapy to actor clients and offered immediate feedback alongside fellow trainees.
- Facilitated 2 hours of weekly group supervision. Reviewed therapy videos, SOAP notes, and intake/termination summaries. Completed clinical evaluations on Time2Track for assigned students each quarter and met individually with each trainee for 30 minutes to discuss their progress.
- Participated in 2 hours of weekly supervision of clinical faculty to discuss trainee progress and supervision needs.
- Coordinated scheduling and acting roles with actor clients, reviewed SOAP notes, conducted individual supervision as needed, and managed any logistical or clinical concerns in consultation with faculty supervisors.

**Program Assistant**

2022 – 2024

*William E Pannell Center for Black Church Studies, Pasadena, CA*

- Coordinated and executed student engagement activities to promote cultural awareness, diversity, and inclusion.
- Developed innovative programs and events celebrating Black church studies and African American culture.
- Managed the Center's social media platforms and created promotional materials using graphic design software.

**Administrative Assistant**

2022 – 2023

*Fuller Equip, Fuller Theological Seminary, Pasadena, CA*

- Provided administrative support to Equip leadership, including scheduling meetings, note-taking, managing travel itineraries, and planning events as requested.
- Assisted in providing content for educational seminars that provided psychological training for health aide workers in Grand Rapids, Michigan.
- Receive and track relevant paperwork and electronic documents, including new agreements and memoranda of understanding (MOUs)
- Support financial transactions and processes, including tracking and processing of invoices, grant payments and reports, check requests, author and contractor payments, reimbursements, credit card reclassification, and analyses of Equip sales.

**L5 Outbound Operations Manager**

2019 – 2021

*Amazon Fulfillment Center, Moreno Valley, CA*

- Monitored key performance indicators (KPIs) for safety, quality, productivity, and customer delivery promises, ensuring consistent achievement of daily and weekly targets.
- Directed a team of 300 associates by setting clear objectives, conducting performance reviews, and providing ongoing coaching. Managed recruitment and interviewing processes to build high-performing teams, and identified top talent for internal promotions.
- Partnered with engineering and IT stakeholders to design and roll out digital kiosks, empowering associates to quickly report station-related issues. Enhanced real-time data visibility, reduced downtime, and facilitated more responsive corrective actions.
- Worked closely with Safety, Engineering, Loss Prevention, Quality Assurance, and Human Resources to align operational strategies with company goals. Coordinated employee onboarding, training schedules, and corrective action plans to maintain process efficiency.

- Served as the point of contact (P.O.C) for the Mental Health and Well-Being Affinity Group, fostering a supportive work environment. Supported the AFE Pack Department by driving engagement initiatives and resource allocation.
- Balanced order demands with labor planning, production timelines, and business forecasts to meet critical shipping deadlines. Analyzed operational metrics to forecast volume requirements and resource allocation.
- Developed comprehensive training initiatives to reinforce best practices, reduce errors, and increase throughput. Monitored and measured training effectiveness through data-driven reviews and continuous improvement processes.
- Evaluated root causes of operational gaps and created action plans, collaborating with technical and administrative teams to implement sustainable solutions that elevated overall productivity and safety standards.

### **General Manager**

2017 – 2020

*Five Guys Burgers and Fries, Redlands, CA*

- Established and administered annual budget with controls to prevent overages, minimize burn rate, and support sustainability objectives
- Drove year-over-year business growth while leading operations, strategic vision, and long-range planning
- Set, enforced, and optimized internal policies to maintain responsiveness to demands
- Leveraged social media platforms and online job boards to advertise open positions and engage with potential candidates
- Oriented newly hired employees by providing company information, facilitating onboarding processes, and establishing position-related requirements.

### **Therapeutic Behavioral Specialist**

2018 – 2018

*Charlee Family Care, Riverside, CA*

- Crafted behavioral intervention plans for individual students.
- Utilized positive reinforcement to maximize desired behavior and educational outcomes.
- Maintained accurate and confidential records of assigned students.
- Implemented a variety of evidence-based counseling methods to achieve therapy goals.
- 100 hours of direct client experience

### **Youth Intern**

2014 – 2015

*The Rock Church and World Outreach, San Bernardino, CA*

- Mentored youth by leading and participating in weekly youth group meetings, Bible studies, and community service projects to foster spiritual growth and community among middle and high school students.
- Built positive relationships with youth, parents, and volunteers, offering guidance, support, and a listening ear to address any concerns or challenges.
- Handled administrative tasks such as maintaining attendance records, preparing materials for lessons and activities, and managing event registrations.
- Participated in ongoing training and development opportunities to enhance ministry skills and deepen understanding of youth culture and issues.

## **SUPERVISED RESEARCH EXPERIENCE**

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### **Thrive Center Fellow**

2024 – 2025

*Thrive Center, Fuller Theological Seminary, Pasadena, CA*

Supervisors: Pamela King, Ph.D.

- Author and co-author research papers for publication in peer-reviewed journals and present findings at national and international conferences to share insights with the academic community.
- Collaborate with faculty members, research staff, and external partners to develop interdisciplinary research initiatives, fostering innovation and knowledge exchange.
- Manage research projects from inception to completion, including budget oversight, progress reporting, and adherence to timelines and deliverables.

### **Research Assistant**

2024 – 2024

*William E Pannell Center for Black Church Studies, Pasadena, CA*

Fuller Theological Seminary, Pasadena, CA

Supervisors: Dwight Radcliff, Ph.D.

- Provided research and created surveys for the Compelling Black Preacher study, interpreting results and providing resources to black clergy for effective preaching tools.
- Collected data for HOPICS (Homeless Outreach Program Integrated Care System) study that focused on religious involvement with displaced individuals in the LGBTQ+ community.

### **Research Student**

2023 – 2024

*Integration, Intersectionality and Intersubjectivity Lab*

Fuller Theological Seminary, Pasadena, CA

Advisor: Christin Fort, Ph.D.

- Engage in research for my dissertation that considers factors that contribute to and inhibit positive identity development in African American Youth.

- Conduct comprehensive literature reviews to support research hypotheses that consistently tending to self-discovery, self-construction, and self-acceptance leads to the development of positive identity in African American Youth
- Utilize statistical software and other analytical tools to interpret data, identify trends, and draw meaningful conclusions that advance understanding in the field.

## **Research Student**

2021– 2023

*Black Women and Spirituality Lab*

Fuller Theological Seminary, Pasadena, CA

Supervisors: Tina Armstrong, Psy.D

- Engaged research on Black women and thriving.
- Assisted Advisor in the creation and application of the ROOTED Model of Thriving.
- Assisted Advisor in employing a one-day retreat that hosted and surveyed Black Doctoral women who participated in the ROOTED framework.

## **PROFESSIONAL AFFILIATIONS**

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- Member, The Association of Black Psychologists (ABPsi), 2024 – Present
- Member, American Psychological Association (APA), 2022 – Present
- Member, California Baptist University Alumni Association, 2019 – Present

## **PUBLICATIONS AND PRESENTATIONS**

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Spencer, A. J., & Fort, C. (2024, March 22). *Assessing Factors of Identity Development in African American Youth: Four Key Factors* [Poster Presentation]. 2024 CAPS International Conference, Atlanta, GA.

Spencer, A. J., & Fort, C. (2024, May 6). *Assessing Factors of Identity Development in African American Youth: Four Key Factors* [PowerPoint Presentation]. 2024 Student Research Colloquium, Travis Research Institute, Fuller Theological Seminary.

## **UNPUBLISHED MANUSCRIPTS**

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*Doctoral Dissertation: Assessing Factors of Identity Development in African American Youth: Four Key Factors*, Fuller Theological Seminary, Committee: Christin Fort, Ph.D., Dwight Radcliff, Ph.D., Tina Armstrong, Psy.D. (Proposed, June 28, 2024)

## **HONORS AND AWARDS**

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- Thrive Center's 2024 Fellow, Fall 2024
- Johnson Bock Scholarship, Fall 2022
- Charles E. Fuller Scholarship, Fall 2021
- William E. Pannell Center's 2022 Emerging Black Scholar
- Founder, Pasadena Black Student Union, Fall 2023

## **REFERENCES**

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Available upon request.