



## AILEEN TERRAZAS, PH.D.

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### **EDUCATION**

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#### **Doctor of Philosophy in Counseling Psychology, August 2024**

Texas A&M University, College of Education and Human Development, College Station, TX

Dissertation: “Latine Gender Roles and Sexual Prejudice Towards Sexual Minorities”

Advisor: Linda G. Castillo, Ph.D.

#### **Master of Arts in Counseling Psychology, December 2017**

Texas A&M International University, College of Arts and Sciences, Laredo, TX

Thesis: “Lesbians & Gays: Attitudes among U.S. Latino College Populations”

Advisor: Elizabeth Terrazas-Carrillo, Ph.D.

Bilingual Counseling Certificate: Spanish

#### **Bachelor of Arts in Psychology, May 2015**

Texas A&M International University, College of Arts and Sciences  
Laredo, TX

#### **Bachelor of Science in Criminal Justice, May 2015**

Texas A&M International University, College of Arts and Sciences  
Laredo, TX

### **CERTIFICATES**

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#### **Behavioral Health Public Policy Program**

American Psychological Association and Bowie State University  
2025 – [In Progress]

#### **ALTA Language Services**

Certified Bilingual Clinician by UCSF Health  
Clinician Cultural and Linguistic Assessment – Behavioral Health  
Language: Spanish

#### **Bilingual Counseling Certificate: Spanish**

Institution: Texas A&M International University

### **FELLOWSHIPS**

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#### **2025 Psychology Summer Institute Fellow**

**American Psychological Association | Minority Fellowship Program | Leadership Development Institute**  
Selected as a fellow for the APA Psychology Summer Institute (PSI), a week-long, stipend-supported program designed to support early-career psychologists and advanced doctoral students committed to serving underrepresented populations. In addition to participating in intensive seminars and professional development workshops, I was paired with and mentored by Martin La Roche, Ph.D., to further develop a project focused on the training and workforce development of bilingual/bicultural trainees, titled “Professional Advancement and

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Training for Health Equity" [PATH]. The fellowship emphasized research, service, and leadership aimed at addressing critical issues in underserved communities.

2023 **Texas A&M Telehealth for the Expansion of Adolescent and Child Healthcare [TEACH] Fellow**  
**Texas A&M University | Texas A&M Integrated Behavioral Health Program**  
Selected for the TEACH Fellowship, a competitive \$25,000, HRSA-funded clinical training program focused on integrated behavioral health. As a TEACH Fellow, I gained hands-on practicum experience as part of an interdisciplinary team delivering mental health services through the Texas A&M Integrated Behavioral Health Program. This opportunity emphasized collaborative care, evidence-based interventions, and expanding access to behavioral health services in underserved communities.

2020 **The Avilés-Johnson Doctoral Fellowship**  
**Texas A&M University | Office of Graduate and Professional Studies**  
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2024 Awarded the prestigious Avilés-Johnson Doctoral Fellowship (formerly Diversity Excellence Fellowship), a multi-year, merit-based award supporting high-achieving doctoral students from underrepresented or disadvantaged backgrounds. This competitive fellowship provides up to five years of financial support, including a stipend, full tuition coverage, health insurance benefits, and a graduate assistantship. The program supports academic excellence, research, and professional development, with an emphasis on fostering diversity, equity, and inclusion in graduate education.

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## WORK EXPERIENCE

10/2024 – Present **Psychologist I**, Texas A&M Health, Telehealth Institute, College Station, TX, 77845  
Provide behavioral health services to underserved South Texas residents in collaboration with community partners. Additional responsibilities include program coordination, clinical service delivery via telehealth, supervision and training of doctoral-level students, and collaboration with an interdisciplinary mental health care team. Facilitate client access to care through partnerships with key spoke sites and home-based telehealth services. Engage in applied research to enhance service delivery and program outcomes. Ensure high-quality care and education by integrating evidence-based practices into clinical services and trainee supervision.

07/2022 – 08/2023 **Graduate Assistant, Intake Specialist** Texas A&M University – Bryan, TX, 77802  
Assist in coordinating client services with community partners throughout the Brazos Valley area. Maintains client data, conduct file checks and refers clients for assignments to practicum counselors in TBC program. Provide risk assessment for high-risk clients, as well as assist in daily operations of the clinic, including but not limited to creating workflows, utilizing and creating Qualtrics surveys, and collaborating with community partners. Supervisor: Dr. Carly McCord, PhD

07/2020 – 07/2022 **Graduate Assistant, TCHATT Counselor** Texas A&M University – Bryan, TX, 77802  
Provides online mental health counseling services as part of the Texas Child Health Access Through Telemedicine program at the Telebehavioral Care Program at Texas A&M University. Provides weekly telehealth counseling sessions to children and adolescents ranging from the age of 5 to 18 years old. Coordinates care with elementary, middle and high school counselors. Creates treatment planning and provides crisis intervention as well as risk assessments as needed. Assist in providing community referrals for continuation of care. Supervisor: Dr. Kelly Sopchak, PhD

07/2018 – 07/2020 **Clinician**, Office of Refugee Resettlement | Southwest Key Programs – Casa Padre, Brownsville TX, 78552.  
Provides bilingual mental health assessment and counseling intervention services, as well as continually monitor and document clients' mental well-being and overall adjustment to the Unaccompanied Minors Program. Assists in development and implementation of client

therapeutic plans, facilitating transfers, and sponsor reunification planning. Provides weekly one-to-one counseling and crisis intervention as needed, as well as provide weekly psycho-educational and therapeutic client groups.

02/2018 – 07/2018 **Assessment and Referral Specialist**, Palms Behavioral Health, Harlingen TX, 78552. Night Shift Screener. Screened potential hospital admissions and determined an appropriate level of care to recommend to the physicians. Interfaced closely with the medical staff, fellow department heads and administration, treatment team, external case managers, managed care organizations, and functioned as a liaison with other hospital departments. Attended to all incoming calls, monitored case admission progress and initiated the insurance documentation process.

10/2017 - 12/2017 **Student Research Assistant**, Texas A&M International University, Department of Psychology & Communication, Laredo, TX. 956.326.3096  
In charge of managing the TAMIU Community Counseling Center. Provided center information to incoming clients, as well as referral information. Responsible for management of client files and other research data at the center. Assisted in faculty projects as assigned. Assisted in creating Handbook for the TCC and Masters Counseling Program.  
Supervisor: Ediza Garcia, Ph.D

10/2016 – 10/2017 **Student Research Assistant**, Texas A&M International University, Department of Social Sciences, Laredo, TX. 956.326.2462  
Provide assistance to faculty with research projects, as well as grading and classroom assistance. Perform various office duties such as, answering student telephone inquiries, handled copy machines, and other office projects.  
Supervisor: Laura Guerrero, Lynn Manganaro, Ph.D., John Kilburn, Ph.D.

01/2015 – 06/2016 **Special Program Aid, Instructional Support**, Texas A&M International University, Department of Social Sciences, Laredo, TX. 956.326.2462  
Provide essential services to students, including but not limited to monitoring student progress on degree plan, monitoring student progress while on academic probation, assisting students with registration issues, and providing essential information to students about services and institutional processes and procedures.  
Supervisor: Claudia San Miguel, Ph.D.

02/2015 – 05/2015 **Intern to United States District Judge Diana Saldaña**, United States District Court Southern District of Texas, Laredo, TX.  
Observance of court proceedings, familiarization with court dockets, cataloging library and assisted with other special assigned projects.  
Supervisor: Judge Diana Saldaña

06/2013 – 01/2015 **Student Employee**, Texas A&M International University, Department of Social Sciences, Laredo, TX. 956.326.2462  
Provide support to Staff Assistant by answering phones, making copies, reviewing book orders, and class schedules as well as other office duties. Assisted Professors in proctoring exams and grading, as well as other small projects.  
Supervisor: Claudia San Miguel, Ph.D.

03/2013 – 08/2013 **Orientation Leader**, Texas A&M International University, Office of Student Affairs, Laredo, TX. 956.326.2280

Dedicated to guiding new students as they begin their studies at TAMIU. OLs interact with students, provide campus tours, answer questions, give presentations about campus student services, and develop new ideas for New Student Orientation: Dusty Camp.  
Supervisor: Miguel A. Trevino, M.A.

08/2013 – 09/2013

**Volunteer**, Office of the Texas Attorney General, Child Support Division Unit 305, Laredo, TX.

Assists in filing and printing documents, inputting case information into computer system, sorting supplies, assisting receptionist with clients, answered phone inquiries, assisted in photocopies, and sorted through documents to prepare for scanning.

Supervisor: Judge Diana Saldaña

## GRADUATE CLINICAL EXPERIENCE

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Start Date: Sept 2023 End Date: Aug 2024 **Pre-Doctoral Intern at UCSF Zuckerberg San Francisco General Hospital and Trauma Center, Child and Adolescent Services (CAS), Multicultural Clinical Training Program (MCTP), Immigrant Mental Health Track**

Provided psychotherapeutic services to immigrant children, and adolescents with five years or less of arriving in the United States. Conducted diagnostic evaluations to assess needs for services at CAS clinic, as well as comprehensive psychological evaluations. Assisted in conducting Asylum evaluations with the UCSF Human Rights Collaborative. Assisted as lead facilitator for a group school-based secondary 7-week prevention program, *Fuerte*, targeting newcomer Latinx immigrant youth in the San Francisco Unified School District, during both fall and spring semesters. Provided research apprenticeship and mentorship to underrepresented undergraduate students at UC Berkley through the Youth Equity Scholars (YES)/Innovations for Youth program (i4Y).  
Supervisors: Dr. William Martinez, PhD., Dr. Barbara Stuart, PhD.

Spring 2023  
Fall 2023  
Summer 2022

**Behavioral Health Consultant, Texas A&M Telehealth for the Expansion of Adolescent and Child Healthcare**

Provide individual in-person and telehealth brief psychotherapy, receive warm hand-offs, and collaborate with nurses and primary care providers on treatment planning and diagnoses. Populations served include children, adolescents, families, couples, and adults. Presenting concerns include but are not limited to, chronic pain, depression, anxiety, trauma. Provided services in English and Spanish language. Supervisor: Dr. Kelly Sopchak, PhD

Spring 2023  
Fall 2022

**Doctoral Assessment Practicum Therapist, Counseling and Assessment Clinic, Texas A&M University**  
Provide diagnostic and non-diagnostic assessments to adults. Utilization of assessment tools such as the TOMM, WJ-IV ACH, WJ-IV COG, WAIS-IV, WMS-IV, CARS, PAI, Strong Interest Inventory, Liebowitz Social Anxiety Scale, LASSI, SMALSI, MMPI-II, CPT 3 WASI-II. Case caseload included presenting concerns of attention deficit, learning difficulty, mood disorders, and other mental health concerns. **Number of Integrated reports: 2**  
Supervisor: Dr. Kelly Lee, PhD

Fall 2022  
Summer 2022  
Spring 2022

**Graduate Student Clinician, Texas A&M Health – Outpatient Psychiatry, Texas A&M Health Science Center**

Provided remote psychological evaluations for adults. Caseload included evaluations for ADHD, trauma, mood disorders and other mental health diagnoses for individuals via

telehealth technologies. Generated comprehensive reports and feedback to clients regarding diagnoses and recommendations. **Number of Integrated reports: 5**  
Supervisor: Dr. Trey Armstrong, PhD

Summer	2022	<b>Doctoral Practicum Therapist, Texas A&amp;M Telehealth for the Expansion of Adolescent and Child Healthcare</b> Collaboration with medical providers to provide brief, integrated behavioral health services in a primary care setting. Provides services in English and Spanish-speaking children, adolescents, and adults. Conduct warm handoff appointments with primary care providers to provide crisis and brief interventions for patients. Worked with established behavioral health team to refer higher need patients to longer term therapy. Caseload included depression, anxiety, chronic pain, behavioral concerns. Supervisor: Dr. Kelly Sopchak, PhD
Spring	2022	
Fall	2022	<b>Doctoral Practicum Therapist, Telebehavioral Care Program, Texas A&amp;M University</b> Provide individual telehealth counseling services in English and Spanish to clients in the rural areas of surrounding counties of the Brazos Valley area. Client caseload included adolescents and adults with presenting concerns of depression, anxiety, sexual trauma, sexual identity exploration, attention deficit/hyperactivity, relationship distress and grief. Supervisor(s): Dr. Kelly Sopchak, PhD., Dr. Isaac Saldivar, PhD., Dr. Robles-Pina., PhD
Summer	2021	
Spring	2021	
Fall	2020	<b>Doctoral Practicum Therapist, Counseling and Assessment Clinic, Texas A&amp;M University</b> Provide individual counseling services in English and Spanish to clients in the Bryan and College Station community. Client caseload included adult individuals with presenting concerns of depression, anxiety, sexual trauma, and grief. Supervisor(s): Linda Castillo, Ph.D., Daniel Brossart, PhD, Anita McCormick, PhD, Kelly Lee, PhD
Fall	2017	
Spring	2017	<b>Master's Internship I Therapist, Children's Advocacy Center of Laredo – Webb County</b> Provided initial consultations, psychoeducation, and trauma focused cognitive behavioral therapy (TF-CBT) to children and adolescents. Caseload included clients with presenting concerns of sexual, neglectful, physical, and emotional trauma. Provided services in English and Spanish language. Supervisors: Jennifer Masters, M.Ed., Licensed Professional Counselor – Supervisor
Fall	2017	<b>Master's Internship I Therapist, Community Counseling Center, Texas A&amp;M International</b> Provided initial consultations, psychoeducation, and referral information to adult clients. Caseload included treatment of depression, anxiety, as well as family and other relationship related issues. Provided services in English and Spanish language. Supervisor: Ediza Garcia, Psy D. Licensed Psychologist.

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## MANUSCRIPTS

### **Published Manuscripts:**

Thornhill, C.W., Wied, C.M., Spooner, M.M.N, **Terrazas, A., & Evans, T.S.** (2023) *Factors of College Involvement and Belonging for First-Generation Students of Color*, Journal of First-generation Student Success, 3:1, 20-32, DOI: 10.1080/26906015.2022.2156826

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Milian, P., **Terrazas, A.**, Aguilar, P., Kim, D., & Castillo, L.G. *Marianismo, Mental Health, and Educational Persistence of Latina STEM College Students*. International Journal of Psychology and Educational Studies 10(3):588-596, DOI:10.52380/ijpes.2023.10.3.1004

**In progress/Under Review:**

Terrazas-Carrillo, E., Garcia, E.G., **Terrazas, A.**, McCormick, A.S., Pinales, S., Castro-Olivo, S., Perez, R., Alonzo, D & Morales, K., (under review). Supervising Latine Bilingual Counseling and Psychological Service Providers: Experiences from Latine Bilingual and Non-Latine Monolingual Supervisors [Manuscript under review]. *Journal of Latinx Psychology*.

Castro-Olivo, S., Mata, C., Vallarta, N., Altamira, W., Romero, D., Pinales S., **Terrazas, A.** (In Progress). Experiences and needs of immigrant children exposed to immigration detention centers in the U.S.: Recommendations for school-based mental health providers. *School Mental Health*.

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## **RESEARCH & PRESENTATIONS**

**Research Labs:**

2025 – Present    *Training Research Initiative | Texas A&M Telehealth Institute*  
The Training Research Initiative, embedded within the Texas A&M Telehealth Institute Education Core, is dedicated to publishing and presenting scholarly research that equips psychology trainees with evidence-based strategy and advances the utility of telehealth as a tool for psychology training.

2023 – Present    *The Facilitating Universal Emotional Resiliency for Social and Academic Success (F.U.E.R.S.A.S.)* of Latino and Refugee Emergent Bilingual Students Research Lab is to advance the field of culturally responsive social-emotional and behavioral interventions for children and families in transition (i.e. immigrants, emergent bilinguals, refugees, migrant workers, etc.). Supervisor: Sara Castro-Olivo, PhD

**Panels/Symposium Presentations:**

**Terrazas, A.**, Whitney, G., Jordan, M., Riggins, M., Pinales, S., McCord, C. E., (2025) *Building the Telehealth Workforce*. Panel discussion accepted to the Healthier Texas Summit, October 2-3rd, Austin, TX.

**Terrazas, A.**, McCormick, A. S., (2025) *Navigating Interdisciplinary Collaboration: Bridging Systems and Language Among Spanish Speaking Providers in Latine Mental Health Care*. Roundtable proposal accepted to the National Latinx Psychological Association Summit in University of Texas Rio Grande. October 17-18<sup>th</sup> McAllen, TX.

**Terrazas, A.**, Arevalo, I., Pinales., S., Tolentino Guzmán., M.M. (2025) *Bridging Gaps & Expanding Mental Health Equity in South Texas: Telehealth, Community Partnerships and Collaborative Care*. Symposium presentation accepted to the National Latinx Psychological Association Summit in University of Texas Rio Grande. October 17-18<sup>th</sup>, McAllen, TX.

Hindman, J., **Terrazas, A.**, Aguilar, P., (2025) Caught up in my head: Supporting trainees when anxiety undermines growth and connection. Presentation at the International Interdisciplinary Conference on Clinical Supervision. June 11-13<sup>th</sup>, New Brunswick, New Jersey.

Banneyer K. (chair), Corrales, A., Gomez, Y., **Terrazas, A.**, Dalley, M., Garcia-Rocha, E., (2025) Training Bilingual Psychologists: A Discussion of Ethics and Best Practice when Supervising Bilingual Trainees.

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Panel Discussion at the Society for Clinical Child and Adolescent Psychology Conference of Division 53 of the American Psychological Association, June 5<sup>th</sup> – 7<sup>th</sup>, 2025, in Chicago Illinois.

**Terrazas, A.**, Jimenez-Salazar, M., & Martinez, W., (2024). Discrimination and Post-Traumatic Stress in Newcomer Youth: The Moderating Role of Indigeneity. In S. Torres (chair), Minority Stress among Latinx Immigrant Communities: Implications for Community-Based and Participatory Interventions [Symposium]. The National Latinx Psychological Association (NLPA) Conference. San Juan, Puerto Rico.

**Terrazas, A.**, Macareno, B., Williamson, M., Sopchak, K., McCormick, A., & Martinez, D. (2024). Latine Mental Health Services: Training & Supervision in Primary Care Integrated Behavioral Health Programs for Spanish Speakers. Panel Discussion at the National Latinx Psychological Association (NLPA) Annual Conference, October 17-19, 2024 in San Juan, PR.

Castro-Olivo, S., Mata, C., Vallarta, N., Altamira, W., Romero, D., Pinales S. & **Terrazas A.** (2024) Detained Immigrant Youth Needs for Multi-tiered Mental Health Supports. Panel Discussion at the National Latinx Psychological Association (NLPA) Annual Conference, October 17-19, 2024 in San Juan, PR.

Martinez, W., **Terrazas, A.**, & Jimenez-Salazar, M. (2024, August). *Peer supported prevention programming for newcomer immigrant youth*. In S. Patel (Chair), *Global Community Programs: A Decolonized Perspective on Promoting Wellness among Immigrant Youth*. Symposium presentation accepted to the 2024 annual American Psychological Association conference to be held in Seattle, WA.

Martinez, W., Stuart, B., **Terrazas, A.**, & Jimenez-Salazar, M. (2024, August). *Immigrant mental health internship training within an academic medical center*. In *Reaching hard to reach populations: Psychology in the frontline of innovative training opportunities*, Mercado, A. (Chair). Symposium presentation accepted to the American Psychological Association Annual Convention, Division 18 - Psychologists in Public Service, Seattle, WA.

**Terrazas, A.**, McCormick A., Terrazas-Carrillo E. & McCord, C. E., (2022) *Equipping the next generation of Bilingual and Bicultural Mental Health Clinicians in Texas*. Symposium presented for 2022 Texas Psychological Association Conference, San Antonio, TX.

McCormick A., Terrazas-Carrillo E., & **Terrazas, A.** (2023) *Supervising bilingual mental health providers; What do we need to do it well?* Oral presentation at the 2023 International School Psychology Association, July 5<sup>th</sup> -8<sup>th</sup>, Bologna, Italy.

**Terrazas, A.**, & Terrazas-Carrillo, E. (2017, November). *U.S. College Latinos and Attitudes Towards Homosexuals*. Oral presentation at the 14<sup>th</sup> Annual Texas A&M University System Pathways Student Research Symposium, Stephenville, TX.  
*3<sup>rd</sup> place winner in Graduate Category: Social Sciences and Humanities*

Vaquera, D., Briseño, J., De La Cruz, I., **Terrazas, A.**, & Seva, T. (2015, April). *Texas-Mexico border violence: The impact on university students*. Oral presentation at the 2015 Lamar Bruni Vergara and Guillermo Benavides Z. Academic Conference, Laredo, TX.

#### **Poster Presentations:**

Pour N., Quintanilla, J., **Terrazas, A.**, Jimenez-Salazar, M., & Martinez, W. (2024, August). *Household crowding, food insecurity and mental health outcomes in newcomer Latin American youth*. Poster to be presented at the APA 2024 Convention, Seattle, WA, United States.

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Martinez, D., Macareno, B., Aleman, C., **Terrazas, A.**, Escamilla, L., Sopchak, K. & McCord, C.E. (2024). “*¿hablan español?*”: Addressing service complexities in delivering Spanish telehealth services to Texan Hispanic communities. Poster accepted for the Karolinska Institutet - UNICEF Joint Conference on Global Child and Adolescent Mental Health, May 14-16, 2024 in Stockholm, Sweden.

Romero, D., Altamira, W., Pinales, S., Mata, C., **Terrazas, A.**, & Castro-Olivo, S. (2024, February). *The Trauma Immigrant Youth Detained in IDCs Carry to Schools*. Poster to be presented at the National Association of School Psychologists Annual Conference, New Orleans, LA.

Romero, D., Piñales, S., Mata, C., **Terrazas, A.**, Altamira, W., & Castro-Olivo, S. (2023, November). *Reimagining education for detained immigrant youth: A trauma-informed approach*. Poster presented at the Texas Association of School Psychologists Annual Conference in Frisco, TX.

Altamira, W., **Terrazas, A.**, Mata, C., Piñales, S., Romero, D., & Castro-Olivo, S. (2023, October). *Beyond Encaged Children: Addressing the Mental Health Needs of Detained Immigrant Youth*. Poster presented at the 2023 annual meeting of the National Latinx Psychological Association conference in Chicago, IL.

Mata, C., Romero, D. Piñales, S., Altamira, W., **Terrazas, A.**, & Castro-Olivo, S. (2023, July). *Social needs and supports immigrant youth experience while in custody of immigration detention centers*. Poster presented at the International School Psychology Association Annual Conference in Bologna, Italy.

Stevens, S. M., **Terrazas, A.**, McWhorter, E. C., Kim, D. H., Bell, A. S., Escamilla, L., Daily, E. A., & Lee, K. (2022). *Ethical issues with normative sampling: The inconvenient truth nobody wants to face*. Poster presented for 2022 American Psychological Association Convention, Minneapolis, MN.

McWhorter, E. C., Bell, A. S., Kim, D. H., Stevens, S. M., **Terrazas, A.**, Escamilla, L., Daily, E. A., & Lee, K. (2022). *Limited access to normative information as a barrier for culturally informed psychological assessment*. Poster presented at the 2022 Texas Psychological Association Conference, San Antonio, TX.

McWhorter, E. C., **Terrazas, A.**, Milian, P., Garcia, K., Garney, W., & McCord, C.E. (2022) *A RE-AIM model of telebehavioral care for underserved communities*. Poster presented at the 2022 Association for Behavioral and Cognitive Therapies, New York City, NY.

**Terrazas, A.**, McWhorter, E. C., Milian, P., Anderson, G., Stickley, M., Armstrong, T., & McCord, C. E. (2022). *Telemental health treatment of depressive symptoms in a rural Spanish-speaking sample: Impact of COVID-19*. Poster presented at the 2022 Texas Psychological Association Conference, San Antonio, TX.

Milian, P., **Terrazas A.**, Aguilar, P., Kim, Erin., & Castillo, L.G., (2022) *Marianismo, Mental Health, and Educational Persistence: Impact on Gender on Psychological Outcomes in Education*. Poster presented for the Society for the Psychological Study of Culture, Ethnicity and Race (Division 45) programming for the 2022 APA meeting in Minneapolis, MN.

Milian, P., **Terrazas, A.**, & Castillo, L.G. (2021, October) *Existing and Persisting: Latinas in STEM*. Poster presented at the 2021 National Latinx Psychological Association, Virtual Conference.

Terrazas-Carrillo, E., Garcia, E., Ponte Rodriguez, L.\*., de la Cruz, I.\*., **Terrazas, A.\*.**, Alcaraz, A.\*., Cortina, N.\*., Mendiola, M.\*., Sanchez, G.\*., & Minjares, S.\* (2018, August). *Applying the AIMS model to implement a dating violence prevention program for Latinos in college*. Poster presented at the 126th Annual Convention of the American Psychological Association. San Francisco, CA.

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**Terrazas, A., & Terrazas-Carrillo, E.** (2017, March). *Lesbians and Gays: Attitudes among U.S. Latino College Populations*. Presented at the 2017 Lamar Bruni Vergara and Guillermo Benavides Z. Academic Conference. Laredo, TX.

*1<sup>st</sup> place winner in Graduate Category: Social & Behavioral Sciences and Business*

**Terrazas, A., & Terrazas-Carrillo, E.** (2016, November). *Assessing attitudes towards LGBT communities in hispanic/latino populations*. Poster proposal presented at the 2016 13<sup>th</sup> Annual Texas A&M University System Pathways Student Research Symposium, Prairie View, TX.

Terrazas-Carrillo, E., & **Terrazas, A.**, (2016, March). *Do marijanismo and acculturation moderate the link between psychological abuse and ptsd? A study of Mexican-American College Students*. Poster presented at the 2016 Lamar Bruni Vergara and Guillermo Benavides Z. Academic Conference. Laredo, TX.

San Miguel, C., **Terrazas, A.**, Guerra, E., & Calvillo, C., (2015, November) *Juvenile Delinquency: Moral development and social factors*. Poster proposal presented at the 2015 Annual Meeting of the American Society of Criminology. Washington, D.C.

#### **PROFESSIONAL DEVELOPMENT**

2023 *5th Annual UCSF/ZSFG Refugee Health Symposium: Refugee Migration Through the Generations* by The Refugee and Asylum Seeker Initiative (RAHI) at UCSF. 3-hour virtual event.

2023 *Trauma Focused – Cognitive Behavioral Therapy* by The National Child Traumatic Stress Network. Online Training Program.

2023 *Legal Processes for Displaced People and the Role of Experts*. One day training for Forensic Evaluations by the Northern California Human Rights Clinic and Alameda Health Systems in Oakland, CA

2022 *Bilingual Training and Supervision*. Four-hour virtual training workshop by the New Mexico State University and TEACH program.

2022 *Cognitive Processing Therapy*. Two day virtual training workshop presented by the Strong Star Training Initiative, College Station, TX.

2022 *Prolonged Exposure Therapy*. Two day virtual training workshop presented by the Strong Star Training Initiative, College Station, TX.

2019 *Youth Mental Health First Aid USA*. National Council for Behavioral Health, Presented by Southwest Key Programs, Brownsville, TX.

2019 *Core Curriculum on Childhood Trauma – The 12 Core Concepts*. The National Child Traumatic Stress Network, Presented by Serving Children and Adolescents in Need, Harlingen, TX.

2019 *Changing How We Feel by Changing How We Think*. Institute for Brain Potential Seminar, McAllen, TX.

2017 *Dating Relationships Involving Violence End Now (DRIVEN) Training*. Texas A&M International University, Laredo, TX.

2016 *Families OverComing Under Stress (F.O.C.U.S) Training*. Texas A&M International University, Laredo, TX.

2016 *Screening and Brief Intervention*, Texans Standing Tall. Texas A&M International University, Laredo, TX.

## AWARDS

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06/2023 *Award: \$300.00*  
Travel Grants for Psychology Students and Recently Graduated Psychologists of Color. Grant Funded by the American Psychological Association's Commission on Ethnic Minority Recruitment, Retention and Training in Psychology II (CEMRRAT2) Task Force

06/2023 *Award: \$385.00*  
EPSO Conference Grant – Texas A&M Educational Psychology Student Organization

06/2023 *Award: \$1,000*  
National Register/APF Internship Travel Scholarship program

06/2023 *Award: \$1,000*  
Professional Psychology Scholarship – Funds provided by the Texas A&M Department of Educational Psychology, School of Education & Human Development

06/2023 *Award: \$560.00*  
EPSO Conference Grant – Texas A&M Educational Psychology Student Organization

## RECOGNITIONS

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06/2023 *Timothy R. Elliot – Policy Relevant Research Award*  
Award granted by the Texas A&M Telebehavioral Care Program

01/2015 Dean's List – Texas A&M International University

## PROFESSIONAL AFFILIATIONS

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2023 – Present *National Association of School Psychologists.*  
2022 – Present *Texas Psychological Association.*  
2022 – Present *Association for Behavioral and Cognitive Therapies.*  
2021 – Present *National Latinx Psychological Association.*  
2020 – Present *American Psychological Association.*  
2019 – 2020 *Texas Counseling Association.*  
2016 – 2017 *American Counseling Association.*

## EDUCATIONAL OUTREACH & WORKSHOPS

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2023 **Internships 101: National Latinx Psychologist Association – Chicago, IL | Invited Panelist**  
Invited as panelist for discussion regarding Internship process for graduate students. Provided guidance and information regarding the application process, cover letters, application deadlines, and interview tips for future and current applicants that were present at conference.

2022 **Back to School Supply Drive & Health Fair – Madisonville, TX | Outreach Coordinator**  
Collaboration project with the Madison and Grimes Health Resource Center. Provided information to English and Spanish speakers regarding counseling services available at the Texas A&M Telebehavioral Care Program, as well as provide needed school supplies to rural students and families.

2023 **Operation Border Health – Laredo, TX | Student Leader**  
Operation Border Health (OBH) is a full-scale emergency training exercise led by the Texas Department of State Health Services (DSHS) with the assistance of Texas A&M Health programs to provide free

2022  
2021

health services along the South Texas Border. Assisted in the preparation of orientation materials and presentation. Provided overall support to students and faculty prior to and during event. Organized, directed, and provided psychoeducation to Spanish-speaking individuals regarding mental health services, collaborated with medical team to provide integrated behavioral health, crisis intervention, as well as bilingual support to nutrition education team.

- 2023 Recipient of Texas State Guard Certificate of Appreciation for work in IBH and translation services.

2025

**Texas A&M University Disaster Day | Staff/Proctor**

Disaster Day is the nation's largest student-led interprofessional emergency response simulation. Assisted in guiding and providing students with training and support throughout simulation activity.

2023

**Texas A&M University Disaster Day | Student Responder**

2022

Disaster Day is the nation's largest student-led interprofessional emergency response simulation.

Assisted as student responder, collaborating with interprofessional student teams to diagnose, treat and care for volunteer patients and populations. Additionally responsible as liaison between shelter and medical responders, de-escalating patients in crisis, and gathering missing persons data.

2017

**Dating Relationships Involving Violence Ends Now (D.R.I.V.E.N) | Presenter**

Texas A&M International University, Community Counseling Center. Provided psychoeducation as part of an 8-week program dedicated to providing interventions and skills to Latino students to increase awareness of cultural influences on gender role stereotypes and their impact on relationship dynamics. Provided knowledge of the various types of violence in relationships, as well as conflict resolution and communication skills.

2016

**Healthy Mind, Healthy You: Understanding Your Mental Health 101 | Presenter**

Church Youth Group, Centro Avivamiento Emmanuel de Laredo & Intro to Psychology class, Texas A&M International University. Provided an overview of what mental health is and the main issues adolescents and teenagers face when it comes to mental health. Provided information on local resources that caters to adolescents and teenagers.

**COLLEGIATE INVOLVEMENT**

11/2015 – 12/2017	TAMIU Criminal Justice Association	President
03/2015 – 11/2015	TAMIU Criminal Justice Association	Historian
02/2015 – 03/2015	TAMIU Criminal Justice Association	Student Member
09/2014 – 05/2015	Leadership TAMIU	Student Member
03/2013 – 08/2013	TAMIU Orientation Leaders	Orientation Leader
11/2011 – 11/2012	TAMIU Freshman Leadership Organization	Student Member
11/2011 – 01/2012	TAMIU Association of Collegiate Music Educators	Student Member